AUSTRALIAN NURSING AND MIDLWIFERY EDUCATION CENTRE
CONTINUING PROFESSIONAL DEVELOPMENT PROGRAM

PROFESSIONAL PRACTICE

MANAGING PEOPLE – UNDERSTANDING THE LEGISLATION (CPD 2 HOURS)
This 4 hour workshop aims to provide participants with an effective, understandable and up-to-date overview of the workplace legislation relating to their working environment. Participants will explore the role and responsibilities of employers, employees and unions in the workplace and the implications of non-compliance.
Presented by ANMEC Education team
Skill level: Introductory
Suitable for: Registered Nurses, Registered Midwives, Enrolled Nurses and Personal Care Assistants
Date/time: Monday 20 June, 0900-1600
Cost: Members $70
Non members $110

DEVELOPING A PROFESSIONAL PORTFOLIO (CPD 2 HOURS)
This session will focus on the purpose, skills, and requirements necessary to complete an effective professional portfolio. It will also outline the relationship between ongoing professional development and the role of evidence in practice.
Presented by ANMEC Education team
Skill level: Introductory
Suitable for: Registered Nurses, Registered Midwives and Enrolled Nurses
Date/time: Monday 25 April, 0900-1100
Cost: Members $70
Non members $110

NO LIFT, NO INJURY INSTRUCTOR COURSE 2 DAY WORKSHOP (CPD 18 HOURS)
This interactive 2-day workshop is designed for registered nurses, registered midwives, enrolled nurses and personal care assistants who are interested in becoming No Lift, No Injury Instructors. Participants will learn to develop comprehensive training programs, engage participants and evaluate training needs.
Presented by ANMEC Education team
Skill level: Advanced
Suitable for: Registered Nurses, Registered Midwives, Enrolled Nurses and Personal Care Assistants
Date/time: Monday 20 June, 0900-1600
Cost: Members $170
Non members $290

NO LIFT, NO INJURY INSTRUCTOR UPDATE (CPD 4 HOURS)
This 4 hour update enables participants who have previously completed the 3 day ‘No Lift, No Injury’ Instructor Course to maintain annual competency in the area.
Presented by ANMEC Education team
Skill level: Advanced
Suitable for: Registered Nurses, Registered Midwives, Enrolled Nurses and Personal Care Assistants
Date/time: Monday 18 April, 0900-1000
Cost: Members $30
Non members $50

NO LIFT, NO INJURY (CPD 2 HOURS)
This 2 hour interactive workshop provides an introduction to the ‘No Lift, No Injury’ policy and will allow participants the opportunity to review and maintain competency in this area. The session includes an overview of the ‘No Lift, No Injury’ policy and will allow participants the opportunity to review and maintain competency in this area.
Presented by ANMEC Education team
Skill level: Introductory
Suitable for: Registered Nurses, Registered Midwives, Enrolled Nurses and Personal Care Assistants
Date/time: Monday 18 April, 0900-1000
Cost: Members $20
Non members $40

ABORIGINAL CULTURAL AWARENESS (CPD 2 HOURS)
The Australian Nursing and Midwifery Federation (ANMF) – the national body for nurses and midwives is currently developing an Aboriginal Cultural Awareness study program. The workshop is designed to provide participants with an understanding of the historical, cultural and social significance of the Aboriginal and Torres Strait Islander peoples.
Presented by David Copley, Registered Nurse & Mental Health Nurse
Skill level: Introductory
Suitable for: Registered Nurses, Registered Midwives, Enrolled Nurses and Personal Care Assistants
Date/time: Wednesday 15 May, 1000-1200
Cost: Members $20
Non members $30

MOBILITY OVERLAYS IN LESS DEVELOPED COUNTRIES (CPD 6 HOURS)
The session will inform participants about the cultural and social environment and its impact on mobility in less developed countries. Participants will also explore the role of the nurse in international practice.
Presented by David Copley, Registered Nurse & Mental Health Nurse
Skill level: Introductory
Suitable for: Registered Nurses, Registered Midwives, Enrolled Nurses and Personal Care Assistants
Date/time: Monday 19 April, 0900-1200
Cost: Members $50
Non members $70

HAZARDOUS MANUAL TASKS (FORMERLY KNOWN AS MANUAL HANDLING) (CPD 2 HOURS)
Hazardous Manual Tasks refers to physical activities that cause injury or are likely to cause injury to a person and that pose a risk to health. This workshop will provide participants with an understanding of the various manual handling activities that place people at risk and the risks associated with these activities.
Presented by ANMEC Education team
Skill level: Introductory
Suitable for: Registered Nurses, Registered Midwives, Enrolled Nurses and Personal Care Assistants
Date/time: Monday 19 April, 0900-1200
Cost: Members $50
Non members $70

REGISTRATION
Registration will be open to members and non-members at the time of each event. There will be a registration fee, which will be indicated on the event details.

WORKSHOPS IN THE WORKPLACE
Participants are encouraged to bring appropriate equipment for their workplace in order to practice, observe and gain better outcomes for patients/clients.

GUARDIANSHIP AND END OF LIFE
This workshop will assist participants to gain insight into the legal aspects of end of life care in order to determine the appropriate course of action.
Presented by ANMEC Education team
Skill level: Introductory
Suitable for: Registered Nurses, Registered Midwives, Enrolled Nurses and Personal Care Assistants
Date/time: Monday 18 April, 0900-1000
Cost: Members $30
Non members $50

CANCELLATION POLICY
A no-show fee will be payable where less than 48 hours notice is given.

AWARDS AND SCHOLARSHIPS
ANMEC has a comprehensive awards and scholarships program for nurses, midwives and personal care assistants. For more information, please refer to the ANMEC website.

REFUND POLICY
Refunds will be provided where less than 48 hours notice is given or where the event is cancelled by the ANMEC.

CONTACT US
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GENERAL
ANMEC offers a wide range of workshops and courses for nurses, midwives and personal care assistants. For more information, please refer to the ANMEC website.

ABOUT ANMEC
The Australian Nursing and Midwifery Federation (ANMF) is a service of the Australian Nursing and Midwifery Federation (ANMF) – the national body for nurses and midwives. The organization provides training and development opportunities to members.

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SESSIONS ARE HELD AT ANMEC’S PURPOSE-BUILT TRAINING FACILITY AT 191 Tornres Road, Ridleyton, ANMEC has student parking onsite and provides participants with the latest in training facilities and technology.

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Each CPD topic has been identified as being suitable for specific clinicians together with a suggested level of knowledge for each session.

Sessions are facilitated by qualified practitioners and educators and are designed to enhance, update or increase clinical knowledge.

CLINICAL PRACTICE

VENEPUNCTURE WORKSHOP (CPD 3 HOURS)

This workshop is designed to provide participants with the knowledge and skills required to understand the anatomy, technique and safety related to venepuncture, including the correct use of venepuncture needles and syringes. This practical workshop will include a theoretical and practical session, enabling participants to achieve competency.

Participants will be provided with a Certificate of Attendance and will be required to record 5 witnessed successful insertions, under supervision, at their workplace to achieve competency.

Presented by ANMEC Education Team

Skill level: Advanced (pre-requisites: Venepuncture Workshop or current experience in venepuncture)

Suitable for: Registered Nurses, Enrolled Nurses and Personal Care Assistants

Date/time: Monday 22 February 0900-1200

Cost: Members $120

PERIPHERAL IV CANNULATION (CPD 3 HOURS)

This 3 hour interactive ‘hands on’ session will enable participants to understand the anatomy, techniques and safety related to Venepuncture, including the use of an automated external defibrillator. This session will allow participants to effectively perform PIVC in the clinical setting. Participants will be provided with a Certificate of Attendance and will be required to record 5 successful insertions, under supervision, at their workplace to achieve competency.

Presented by ANMEC Education Team

Skill level: Introductory

Suitable for: Registered Nurses, Enrolled Nurses and Personal Care Assistants

Date/time: Wednesday 15 March 0900-1200

Cost: Members $120

CLINICAL SKILLS UPDATE SESSION (CPD 6 HOURS)

This session will offer an overview of important aspects of clinical skills required for healthcare practitioners. The session will be of interest to nurses and midwives working in a variety of settings and will be of particular interest to those with a limited experience in clinical practice.

Presented by ANMEC Education Team

Skill level: Introductory

Suitable for: Registered Nurses, Enrolled Nurses, and Personal Care Assistants

Date/time: Monday 5 May 1300-1600

Cost: Members $140

MIDWIFERY PRACTICE (CPD 3 HOURS)

This workshop will address the role of midwives in promoting and sustaining health and wellbeing, translating and evaluating evidence, including the application of midwifery research in practice. Participants will be provided with a Certificate of Attendance and will be required to record 4 witnessed successful insertions, under supervision, at their workplace to achieve competency.

Presented by ANMEC Education Team

Skill level: Introductory

Suitable for: Registered Nurses, Enrolled Nurses, midwives and Personal Care Assistants

Date/time: Monday 15 August 0900-1200

Cost: Members $120

MOTIVATION MANAGEMENT (CPD 4 HOURS)

This 4 hour workshop will provide participants with an understanding of employee motivation, including theories of motivation, needs, goals and reinforcement. Participants will be provided with a Certificate of Attendance and will be required to record 5 witnessed successful insertions, under supervision, at their workplace to achieve competency.

Presented by ANMEC Education Team

Skill level: Introductory

Suitable for: Registered Nurses, Enrolled Nurses, and Personal Care Assistants

Date/time: Wednesday 11 November 0900-1200

Cost: Members $180

MASSAGE IN NURSING (CPD 6 HOURS)

This 6 hour workshop will enable participants to explore wound healing, including the role of massage, with a focus on the physical and emotional benefits of massage. It will explore both theoretical and practical components and include the use of various massage techniques.

Presented by Angeline Von Doussa RN/RM, Consultant Remedial Therapist

Skill level: Introductory

Suitable for: Registered Nurses, Enrolled Nurses, and Personal Care Assistants

Date/time: Wednesday 15 June 0900-1600

Cost: Members $210

DIABETES WORKSHOP (CPD 6 HOURS)

This 6 hour workshop will address the role of nurses in promoting and supporting diabetes self-care. Participants will be provided with a Certificate of Attendance and will be required to record 5 witnessed successful insertions, under supervision, at their workplace to achieve competency.

Presented by Holly Markwell, Dementia Educator, Dementia Training Centre

Skill level: Introductory

Suitable for: Registered Nurses and Enrolled Nurses – General Practice

Date/time: Tuesday 24 May 0930-1630

Cost: Members $170

INFECTION CONTROL (CPD 2 HOURS)

This 2 hour session will enable participants to understand the principles of infection control and infection prevention and control, including the importance of infection control in healthcare settings. Participants will be provided with a Certificate of Attendance and will be required to record 2 witnessed successful insertions, under supervision, at their workplace to achieve competency.

Presented by ANMEC Education Team

Skill level: Introductory

Suitable for: Registered Nurses, Enrolled Nurses and Personal Care Assistants

Date/time: Tuesday 27 June 1000-1200

Cost: Members $160

THE PORTRAY, THE MIRROR, THE LANDSCAPE: BEHAVIOUR IN RESPONSE TO BAFFLING BEHAVIORS (CPD 6 HOURS)

This 6 hour workshop will provide an opportunity for participants to understand the complexity and multifaceted nature of challenging behavior and to develop strategies for managing behavior, including the use of positive reinforcement and de-escalation techniques. Participants will be provided with a Certificate of Attendance and will be required to record 4 witnessed successful insertions, under supervision, at their workplace to achieve competency.

Presented by Holly Markwell, Dementia Educator, Dementia Training Centre

Skill level: Advanced

Suitable for: Registered Nurses and Enrolled Nurses – General Practice

Date/time: Sunday 25 July 0900-1600

Cost: Members $200

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