RNAO is recognized as a world leader in best practice guideline development, dissemination, implementation and evaluation. The RNAO have developed the Best Practice Spotlight Organisation Program to support healthcare organizations and academic settings who commit to implementing multiple RNAO guidelines and evaluating their impact on patient and organizational outcomes, and/or academic results. The goal is to support “Hubs of Nursing Excellence” where service and academic settings have a joint focus on evidence-informed practice. Internationally, the BPSO program is facilitated in each country by the RNAO designated program host. In Australia the BPSO hosts are the Australian Nursing and Midwifery Federation (SA Branch).

The BPSO® process consists of: A three-year formal contract with RNAO, facilitated by the local hosts ANMF (SA Branch), in which organizations carry out an agreed plan of implementation, evaluation and sustainability. Organisations will be provided by the hosts – implementation support, education and training; access to evidence based implementation tools and lessons learned from the highly successful, internationally recognised RNAO guideline implementation program.

The BPSO Program focuses on individual, organizational and system involvement to ensure effective and sustained implementation of evidence informed clinical practice and healthy work environment guidelines.

**RNAO clinical nursing best practice guidelines**

*(BPG’s that are in bold have Nursing Order Sets available now with the remaining BPG order sets under development and available 2013/14)*

| Adult Asthma Care Guidelines for Nurses: Promoting Control of Asthma |
| Assessment and Care of Adults at Risk for Suicidal Ideation and Behaviour |
| Assessment and Device Selection for Vascular Access |
| **Assessment and Management of Pain** |
| **Assessment and Management of Stage I to IV Pressure Ulcers** |
| Assessment and Management of Venous Leg Ulcers |
| **Assessment and Management of Foot Ulcers for People with Diabetes** |
| Best Practice Guideline for the Subcutaneous Administration of Insulin in Adults with Type 2 Diabetes |
| **Breastfeeding Best Practice Guidelines for Nurses** |
| Caregiving Strategies for Older Adults with Delirium, Dementia and Depression |
| Care and Maintenance to Reduce Vascular Access Complications |
| **Client Centred Care** |
| Crisis Intervention |
| **Decision Support for Adults Living with Chronic Kidney Disease** |
| End-of-life Care During the Last Days and Hours |
| Enhancing Healthy Adolescent Development |
| Establishing Therapeutic Relationships |
| Facilitating Client Centred Learning |
| Integrating Smoking Cessation into Daily Nursing Practice |
| **Interventions for Postpartum Depression** |
| Nursing Care of Dyspnoea: The 6th Vital Sign in Individuals with Chronic Obstructive Pulmonary Disease (COPD) |
| **Nursing Management of Hypertension** |
| Oral Health: Nursing Assessment and Interventions |
### Ostomy Care & Management
- Primary Prevention of Childhood Obesity
- Prevention of Constipation in the Older Adult Population
- Prevention of Falls and Fall Injuries in the Older Adult
- Promoting Asthma Control in Children
- Promoting Continence Using Prompted Voiding
- Promoting Safety: Alternative Approaches to Use of Restraints
- Reducing Foot Complications for People with Diabetes

### Risk Assessment and Prevention of Pressure Ulcers

### Screening for Delirium, Dementia and Depression in Older Adults

### Strategies to Support Self-Management in Chronic Conditions: Collaboration with Clients
- Stroke Assessment Across the Continuum of Care
- Supporting Clients on Methadone Maintenance Treatment
- Supporting and Strengthening Families through Expected & Unexpected Life Events
- Woman Abuse: Screening, Identification and Initial Response

### RNAO healthy work environment nursing best practice guidelines
- Collaborative Practice Among Nursing Teams
- Developing and Sustaining Nursing Leadership
- Developing and Sustaining Effective Staffing and Workload Practices
- Embracing Cultural Diversity in Health Care: Developing Cultural Competence
- Professionalism in Nursing
- Preventing and Mitigating Nurse Fatigue in Health Care
- Preventing and Managing Violence in the Workplace
- Workplace Health, Safety and Well-being of the Nurse

### RNAO in progress guidelines
- Inter-professional Team Work in Healthcare
- Managing and Mitigating Conflict in Healthcare Teams
- Practice Education in Nursing
- Registered Practical Nurse to Baccalaureate Nursing Degree (Registered Nurse) Bridging Guideline
- Safe Sleep Practices for Infants
- Supporting Clients with Substance Use and Related Issues
- Transitions in Care

---

**ANMF (SA Branch) - Supporting Evidence Based Practice as Australia’s Best Practice Spotlight Organisation Hosts Authorised by Adj Assoc Professor Elizabeth Dabars, CEO / Secretary, ANMF (SA Branch)**